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Tips for intermediates over 40 planning to ski Big fan of Lito Tejada-Flores books and DVDs 2009 called Soft Skiing: The Secrets of Effortless, Low Impact

The secret to the deep water start: the soft pull

As I mentioned the home page, I found that when I get a soft pull, getting up is almost effortless. When the boat first starts to move, I feel myself cutting through

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Breakthrough on the new skis: say goodbye to the

Say Goodbye to the Intermediate Soft Skiing: The Secrets of Effortless, Low I felt like he was talking about me when he described what intermediate skiers

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